Issue 04 | The Newsletter

The Communique



www.pavnaintlschool.com | info@pavnaintlschool.com







In the midst of a symphony buzzing with excitement and anticipation, our school proudly inaugurated its newest addition - THE COCOON. This momentous occasion marked a significant stride towards providing our students with a safe, nurturing environment conducive to their holistic development.

The inauguration ceremony, led by our esteemed administrators, was a testament to the unity and collective spirit of our school community. It unveiled a haven of comfort and security, with the hostel's well-designed spaces and contemporary amenities promising a warm, welcoming residence for our cherished students.

The hostel came alive with exuberance. The celebratory atmosphere was palpable, with speeches lauding this milestone and acknowledging the dedication that went into its creation. The dining hall became a hub of

lively conversations and shared laughter, as students relished a delightful spread of nourishing meals.

The students engaged in spirited activities that sparked connections and fostered a sense of belonging. It was a day that etched memories in the hearts of all present.

A tapestry of emotions unfolded as students settled into their new abode. The hum of conversation echoed through the halls, providing a comforting ambience to their night away from home.

The dawn marked the celebration of unity and promise. It heralded a new era in our school's legacy, one that would be defined by growth, companionship, and cherished moments. This hostel isn't just a building; it's a promise of a home away from home, where students can thrive, learn, and create memories that will last a lifetime.





Aarti Nigam - Principal

Amidst this academic year's journey, I reflect upon the extraordinary strides we have collectively taken. These past months have witnessed an exemplary surge of growth and accomplishment within PIS.

Our students, the radiant beacons of our community, have exhibited unparalleled dedication and remarkable progress in their pursuit of knowledge. Their active engagement in both academic pursuits and extracurricular activities serves as a guiding light to their holistic development. The recent assessments serve as a resounding affirmation to our students' meticulous diligence, a vivid portrayal of their innate potential.

I am pleased to introduce our new SLT members, Ms. Nupur Sinha, Head of Primary, and Mr. Christopher Moreton Edmunds, taking charge as Head of Secondary. Both bring with them a wealth of experience and a deep commitment to our collective vision for an elevated and well-rounded educational experience for our students.

Faculty with their tireless commitment to teaching and nurturing, continue to be the bedrock of our academic community. Their innovative approaches and steadfast passion for education set an inspiring example for all of us.

In parallel to this, it brings me great pleasure to announce the introduction of the AS and A Levels curriculum. Starting with stages 12 and 13, this addition will undoubtedly enhance the academic landscape,

offering our students even greater opportunities for intellectual growth and advancement.

Shifting gears to the inauguration of our new boarding facilities, we're delighted to usher in a new era of residential experience for our students. With thoughtfully designed spaces and top-notch amenities, we aim to create a home away from home, fostering a sense of belonging and well-being.

I extend our heartfelt gratitude to our Chairman Swapnil Jain and Vice Chairperson Priya Jain for their unwavering support and visionary leadership.

To our esteemed parents, your unwavering trust and active involvement in your child's educational journey form the cornerstone of their success. Your enduring support not only fuels their determination to excel but also provides a solid foundation for their growth. The depth of your dedication is truly immeasurable, showcasing the profound impact you have on their learning experience.

An enticing array of events and activities are meticulously planned for the forthcoming months. These endeavours are designed to enrich their learning experience and foster comprehensive growth. We are eager to witness the progress and achievements that will undoubtedly emerge from these ventures.

Approaching the autumn break and the joyous festive season, I extend my warmest Dussehra wishes to you and your family. May this auspicious occasion usher in prosperity, joy, and harmony into your lives.

Together, let us firmly continue on this path of excellence, nurturing bright minds and shaping a promising future.





Anika Varshney Stage - 10



Sourish Gupta Stage - 07

excel in

checkpoint exams

Congratulations!

The Communique





Stephen Sibthorpe - Director Of Academics

As we conclude the first academic term at Pavna International School, it fills me with immense pride to address our vibrant community. Together we have embraced the values of education, growth, and achievement, forging a path of excellence.

Congratulations to Sourish Gupta of Stage 7 and Anika Varshney of Stage 10 for receiving their Cambridge Checkpoint Examinations Certificates. They are a real credit to themselves and the school. These examinations are assessed by Cambridge and are our first solid proof that Pavna International School is now established on the map as an International School producing results of a high standard.

This academic year we have begun teaching both the IGCSE and A Level courses in Stage 10 and Stage 12. An impressive achievement for any new school, anywhere. So PIS is officially an all through Early Years to Stage 13 school now.

We are committed to providing a high level of support to all students at all stages, by delivering the Cambridge Pathway. Our learner attributes – confident, responsible, reflective, innovative and engaged – are powerful, aspirational and inspiring. They are built into all of our syllabuses and qualifications to ensure they are relevant, challenging and productive. An education including these attributes inspires in students a love of learning that leads to success in the classroom and in examinations.

Cambridge research shows that good learning habits matter. Therefore we continue to encourage PIS students to reflect on their learning so that they are able to build on experience and plan ahead. They will be confident, innovative and resourceful, secure in their knowledge yet open to new ideas and opinions. They will also be responsible – to themselves, and to others. These habits lay the foundations for productive study and future success.

Term 2 promises even greater opportunities for growth, discovery, and collaboration. With a commitment to nurturing inquisitive minds and fostering a culture of continuous improvement, we look forward to witnessing our students evolve into even more confident, innovative, and responsible individuals. Let's embrace the journey, knowing each step leads to boundless potential.



Christopher M. Edmunds - Head Of Secondary

Embrace Your Authentic Self: Discovering the True Meaning of 'School'

In today's fast-paced world, the pressure to conform to societal norms and expectations can be overwhelming. However, the essence of true growth and learning lies in embracing your authentic self. This timeless message of "Be Yourself" holds a profound significance, transcending cultural boundaries and resonating with individuals worldwide.

To truly understand the power of this message, let's delve into the original Greek meaning of the word 'school.' In ancient Greece, the term 'schole' referred not only to a place of learning but also to a place of leisure, a space where individuals could engage not just in learning, but also philosophical pursuits, and the development of one's character. This ancient definition reminds us that 'school' was originally intended to be a sanctuary for self-discovery, a space where one could nurture unique talents, passions, and virtues.

In the hustle and bustle of modern education, it's easy to forget the essence of 'school' as it was originally intended. However, international schools like ours strive to uphold this ancient tradition by fostering an environment where students from diverse backgrounds can embrace their individuality, share their unique perspectives, and grow into well-rounded global citizens.

Being yourself is not just about being different for the sake of it. It's about understanding your true passions, values, and beliefs, and having the courage to live authentically. In doing so, you not only honour the rich history of 'school,' but you also contribute to the vibrant tapestry of our international community.

So, as we continue on our educational journey in this global setting, let's remember the true meaning of 'school' – a place where one can learn, grow, and, most importantly, be yourself.

It is my pleasure, and privilege, to be part of the PIS family; joining as Head of Secondary, I look forward to an exciting journey ahead for all our Stage 7-12 students, teachers and parents!



Nupur Sinha - Head Of Primary

"Learning gives creativity, creativity leads to thinking, thinking provides knowledge, and knowledge makes you great."

-Dr APJ Abdul Kalam

Dear School Community Members,

It gives me immense pleasure to be a part of PIS and address you through the medium of this newsletter. I strongly believe in the power of collaboration and especially so between the stakeholders of the school.

First and foremost I would like to extend my heartfelt gratitude to our dedicated and passionate teaching staff who work tirelessly to ensure the wellbeing of the students. They provide the essential backbone to the school without their efforts, the path to accomplish the vision and mission of our school would not be possible.

To the parents, I want to express my appreciation for your continuous support in nurturing your children's growth. Your involvement in their education journey plays a vital role in shaping their character and instilling values that will serve them well throughout their lives.

To the heart and soul of our school, that is our dear students. Your energy that showcases itself whether it be in academics, sports, arts and various other areas not only amazes us but is also a source of inspiration. Be Yourself is our school's motto and that's what we want you to be and in fact even more -Be Curious, Be Imaginative, Be Thinkers, Be responsible, Be the best version of yourself and harness the potential to achieve the unachievable.

The school calendar awaits us with lots in store and this can be achieved with positive teamwork-working hand in hand to ensure that our students grow academically, socially and emotionally.

Thank you once again for your support and dedication.





Assemblies include performances in the form of speech, compering, movement, music, recitation, narration or enactment. Assembly presentations in the form of various performances include processes such as exploration, involvement, observation, expression, perception, communication, social/self-awareness, creativity, personal development, analysis and critique. They aim at holistic development of individuals of all ages whether they participate as a presenter or an audience. They expose students to various cultural and social aspects of life so that they can comprehend and appreciate the diverse culture of the world.



EASTER DAY

An informative assembly was conducted to make the learners know about easter. A video was shown that covered various aspects of this festival eg.mode of celebration and the historical background. Everyone enjoyed answering questions asked during interactive quiz time based on the festival. At the end of assembly an Easter game was organized. Children participated in the same very actively as chocolates were hidden at different places. They were asked to locate the same to win.

UN WORLD HEALTH DAY

World Health Day is celebrated across the world. This year's theme is 'Health for All.' During the assembly, information about Health Day, healthy diet and their benefits was given. After that a quiz was conducted in which students answered and performed well. At the end there was a yoga session in which teachers and students did yoga together. The assembly concluded with a message that health is wealth and everyone has to do regular physical activity to stay fit.

CAMBRIDGE ATTRIBUTES

Children were asked to recall the attributes - Responsible, Innovative, Confident, Engaged and Reflective. The assembly was focused on the topic 'Be Confident', that is one of the five Cambridge Learner Attributes. It highlighted that we should be confident enough in our work. We learn from our mistakes. Our mistakes should be used as stepping stones to reach our goals. It was depicted with the help of juggling balls activity. This assembly concluded with a message that we should do our level best to learn new things.

WORLD PRESS FREEDOM DAY

The assembly on International Freedom of Press Day was organised for secondary students.

The audience was informed about Freedom of Press being one of the most important wheels of democracy. Free Press inspires people to think beyond the social norms and gives a platform to exchange ideas and thoughts that deserve to be heard by the people. However, sensational reporting and yellow journalism have to be majorly contained in today's world. Biased news does more harm than good. Without freedom, press is nothing and without press, society is nothing.

BE YOURSELF

The assembly was designed to make the learners know the importance of being kind and a good human being. We belong to different places and cultures thus we should respect differences. 'The Story of the Good Samaritan' was narrated by using self-explanatory images on the screen. Learners interacted during the story narration and enriched their vocabulary through the visuals used.



PEOPLE WHO HELP US

An assembly was conducted to familiarize children with the people who help us. Students identified images of 'Our Helpers' that were shown with a presentation. Support staff members working at the school were invited to the assembly. Children interacted and interview them. The assembly gave the message that we should be thankful and respectful for our helpers.

RELEVANCE OF PEACE IN CONTEMPORARY WORLD

An enlightening assembly was organized to delve into the importance of peace in the contemporary world. The assembly aimed to shed light on the multifaceted role of peace in addressing global challenges and fostering harmonious coexistence. Faculty, students, and staff members gathered to explore how embracing peace can contribute to a more compassionate and sustainable future.

The skit "A Piece of Peace" was performed during the assembly, illustrating the interconnectedness of peace and how even small actions can contribute to a larger peaceful world.







BACK TO SCHOOL

The assembly for secondary students started with a welcome speech and a video about how and where students spent their vacations. Students shared their holiday trip experiences. Next to make students mindful about "Gratitude", a small introduction of the same was given by the students. Some students talked about "how gratitude can be expressed" and "how to practice gratitude". A video was shown highlighting the fact that gratitude for house keeping people is also extremely important. At the end students wrote a small message or note to show gratitude towards anyone.

WORLD CHOCOLATE DAY

On this tantalising day, an interactive assembly was conducted for the primary students. A video, based on production of chocolates, was shown to make the children aware of places where cocoa trees are grown in large numbers and the steps involved in chocolate making. They enjoyed making different kinds of chocolates in various shapes and flavours in the school cafeteria. This day was celebrated to spread joy and sweetness all around. The students relished each and every delicious moment of the day.

STAGE - 5 ASSEMBLY

Students' class activities were shared with the help of photos and video. Students from stage-5 shared their experience about the new school and the things they have learnt so far. The Home room teacher shared a short video of a story for students' motivation based on dangers of procrastination. It helped to make the students understand the importance of doing things on time.

NELSON MANDELA DAY

Primary students were made aware of this day as an International Day to honour Nelson Mandela and his contribution to the fight for social justice. An audio-visual clip, based on the life of Nelson Mandela was shown. Children were encouraged to engage in acts of service and kindness as per the annual theme 'Climate, food and solidarity' to create a better world for everyone. Children shared their views regarding their efforts (eg.fund, plant, care, help, feed and sustain) to make an impact.

Secondary students marked Nelson Mandela Day with a TED Talk show, highlighting his birth, values, and commitments. The talks must have been inspiring for both students and faculty, encouraging them to embrace compassion, justice, and equality, while striving to make a positive impact on the world. The student performances reinforced Mandela's message of hope and unity, making the assembly even more meaningful.

SAFETY AND FIRST AID DAY

The assembly was conducted for secondary students. Its main objective was to make students aware of the importance of first aid as it ensures safety until the patient or affected person accesses specialized treatment. A video was shown to highlight first aid tips for most common problems eg. nose bleeding, fracture, sprain and strain.

NATIONAL E-LEARNING DAY

An interesting assembly was organized for primary students, based on the benefits of online learning as how it helps in creating and communicating new ideas. How technology is transforming the classrooms and different useful applications were presented through the slide presentation. An interactive quiz was organized for the students to freshen up their knowledge about the internet. A video presentation was shown through which teachers and students shared their views about technology, E-Learning and the effective ways to use the same safely.



MINDFULLNESS

Mindfulness techniques help students focus their mind and behaviours on positive action. An interesting assembly based on the same was conducted. Children learnt the importance of mindfulness that was depicted with an interesting role play. It was aimed to develop positive relationships, fostering a feeling of wellbeing and promoting positive emotions. Children experienced mindfulness activities together that included breathing techniques, rhythmic movements, visualization and listening exercise.

INTERNATIONAL LITERACY DAY

During the Literacy Week different activities were conducted eq. drop everything and read, spin a yarn, design a bookmark, design a book cover and twist in a tale. Students participated in the assembly enthusiastically. They dressed up as a character from their favourite story. The students of EY1, EY2 and stage1 presented a story on the stage with the help of various props. A fun-filled activity was conducted wherein children were supposed to guess the story/book character with the clues presented by teachers. It was not just a week filled with fun activities but also a great learning experience for all the individuals involved.

HINDI DIWAS

On this occasion various activities were conducted. An introductory speech was given by the teacher highlighting the importance of the Hindi language. Everyone enjoyed group recitation of poems and slogan presentations by the students. Assembly was made more interactive and funfilled with the help of puzzles, facts and the insightful quiz. The assembly also included historical significance of Hindi.







The amazing student tour with meaningful, thrilling and dynamic experiences is what the Singapore school trip was all about. The charming country provided ample opportunities to the students to learn, experience and build their confidence with a visit to a myriad of reputable destinations including Singapore Botanic Gardens, National Museum, Universal Studios Singapore, Rainforest Lumina and much more. Most importantly, the tailor-made detailed itinerary was there to ensure a once-in-a-lifetime experience for the students.

A group of 20 students left Delhi Public School Aligarh on June 15, 2023, in the late night. They reached IGI Airport in the early hours of the morning. After completing the required formalities, the students had a chance to explore the airport

Filled with anticipation, they landed at Changi Airport. The sight of the Rain Vortex at the airport, the tallest indoor waterfall, amazed them. During their stay they visited Sentosa Island, Madame Tussauds Museum, Universal Studios, Gardens by the Bay, National Science Museum, Bird's Paradise etc. They had leisure time for swimming and also explored malls. They relished scrumptious meals each day at different outlets like Ulu Ulu restaurant, Pizza Hut etc. They returned with a treasure trove of memories.

















In honour of the nation's 77th Independence Day, ! Pavna International School hosted a vibrant celebration. The festivities began with a respectful guard of honor, symbolizing a tribute to the sacrifices of our freedom fighters.

The event proceeded with the dignified unfurling of the national flag, accompanied by stirring speeches and a medley of captivating cultural performances. The event was skillfully led by the dynamic hosts, Nandini and Vardan, who ensured an immersive and engaging experience.

Principal, Ms. Aarti Nigam, addressed the

audience to eloquently emphasize the struggles endured by the brave freedom fighters, underscoring the imperative of recognizing and respecting their dedication to fully embrace the meaning of our freedom.

Our Chairman, Swapnil Jain, and Vice Chairperson, Priya Jain, graced the occasion. The celebration served as a poignant reminder for everyone present to introspect on our nation's history, nurture a deep appreciation for the precious gift of liberty, and unite wholeheartedly to propel the country towards greater progress.







The spirit of gratitude and respect filled the air italents of our primary and secondary students. as students came together to celebrate Teachers' Day at Pavna International School. The day was marked by heartfelt gestures of appreciation and an array of engaging programs.

The celebration kicked off with a series of captivating performances, showcasing the diverse courschool's atmosphere.

The choir resonated with melodious tunes, games brought smiles and laughter, and the dance performances ignited the stage with energy and grace. The day truly exemplified the strong bond between teachers and students, leaving an indelible mark on

Communique





It is with great joy that we share the highlights of the dynamic leadership celebrations that recently unfolded at Pavna International School. The campus buzzed with enthusiasm as students from all grades participated in the eagerly anticipated Student Council Elections for the academic year 2023-24.

Candidates from the esteemed Garnet, Malachite, Sapphire, and Emerald houses fervently campaigned for positions including House Captains, House Vice Captains, Head Girl, Head Boy, Cultural Secretary, Sports Captain and Discipline Coordinator. Principal, Ms. Aarti Nigam extended her heartfelt wishes to the aspiring leaders, emphasizing the values of integrity and dedication in their roles.

The school witnessed a remarkable display of democracy as both students and staff eagerly exercised their right to vote. The atmosphere was charged with anticipation as everyone awaited the results, knowing they would reflect the collective voice of our student body.

Following the elections, the school hosted a grand investiture ceremony, adding a distinct flourish to our celebration of leadership and responsibility. The Chairman and Vice Chairperson, Mr. Swapnil Jain and Ms.

Priya Jain, along with esteemed principals from DPS Institutions, joined us in embodying the school's commitment to holistic education.

Principal Ms. Aarti Nigam's address seamlessly harmonized with our shared vision of cultivating well-rounded leaders and academic excellence. The event featured lively dance performances that filled the room with energy and enthusiasm, captivating all in attendance.

This investiture ceremony was a symbolic transition, affirming the elected student council members' commitment to their roles and reinforcing our ethos of nurturing responsible global citizens within a diverse and culturally enriched environment.

The evening concluded with a mesmerizing classical music performance, leaving an indelible mark on all who were present. This collective assembly embodied the school's steadfast mission and distinctive ethos, leaving us inspired and eager to embark on a new academic year under the guidance of our dynamic student leaders.

We express our deep gratitude to all who contributed to the success of these events. Together, we look forward to a year filled with positive change, camaraderie, and growth.

Newly Elected Council Members Session: 2023-24

VARDAN AGRAWAL HEAD BOY



ANIKA VARSHNEY HEAD GIRL

DISHIKA AGRAWAL
CULTURAL SECRETARY



MOHAMMAD RAZA SPORTS CAPTAIN

OJASV GOYAL
DISCIPLINE COORDINATOR



GOURI YADAV HOUSE CAPTAIN (GARNET)

DARSH CHOLA HOUSE CAPTAIN (EMERALD)



AARJAV JAIN HOUSE CAPTAIN



HOUSE CAPTAIN



(SAPPHIRE)

HARSHIKA AGRAWAL VICE - HOUSE CAPTAIN (GARNET)

ANIKA JAIN VICE - HOUSE CAPTAIN (EMERALD)



ARNAV GARG VICE - HOUSE CAPTAIN (MALACHITE)

ANAGH SINGHAL VICE - HOUSE CAPTAIN (SAPPHIRE)







ANIKA VARSHNEY

HEAD GIRL

It is with immense humility and gratitude that I write to you as your newly elected Head Girl for this academic year. As I step into this role, I am filled with a sense of purpose and determination to serve our community to the best of my abilities.

Reflecting on the incredible journey we've embarked on together, I am struck by the strength and unity that defines us. Each one of us, from diverse backgrounds, cultures, and perspectives, shares a common commitment to learning and growth. It is this shared dedication that binds us together and propels us forward.

One of my primary aspirations as Head Girl is to continue fostering this unity among our student body. I believe that our collective spirit is the foundation of our success and the key to realizing our full potential.

I am honored to represent the student body to our esteemed school administration and faculty. Together, we will work hand in hand to uphold the values that make our school community exceptional.

As I embark on this journey, I am filled with gratitude, pride, and an unwavering optimism for the future. I am confident that with your support, we will continue to thrive in unity, advocacy, and academic excellence.

Thank you for entrusting me with the honor of serving as your Head Girl. I look forward to leading alongside each and every one of you. Together, we are a formidable force for positive change, and I am excited for the bright future that lies ahead for our school community.

OJASV GOYAL

DISCIPLINE COORDINATOR

My focus is on creating a safe, supportive environment where every student can excel. I believe in setting clear boundaries while offering the necessary support. Let's work together for a disciplined, harmonious, and thriving school year.

LEADER'S THOUGHTS

VARDAN AGRAWAL

HEAD BOY

It is my distinct honor to serve as the Head Boy at Pavna International School.

In this influential role, I undertake the responsibilities of representing our student body, fostering an environment of unity, and zealously championing the cause of academic brilliance.

Anticipation fills the air as we look forward to a wealth of stimulating initiatives. These range from captivating student-led projects that ignite the creative spirit to transformative community service opportunities designed to elevate the educational journey to unprecedented heights.

In the realm of leadership, my approach hinges on the pillars of transparent communication, inclusivity, and collaborative synergy. The voices of all the students, are not just valued but are instrumental in shaping the very fabric of our institution. Beyond the confines of academics, our shared aspiration is to instill values such as empathy and resilience, empowering each of us to excel not just in the classroom but also in the wider world. Let us together embark on a year that promises growth, achievement, and the collective pursuit of excellence at Pavna International School.

DISHIKA AGRAWAL

CULTURAL SECRETARY

I am thrilled and honored to serve as Cultural Secretary. Taking on this role fills me with excitement and a sense of purpose. My mission is to foster creativity and celebrate our diverse talents through engaging cultural experiences. From dynamic performances to thought-provoking exhibitions, we aim to showcase the wealth of talent within our school.

I believe that a thriving cultural scene not only enriches our educational experience but also serves as a powerful catalyst for personal growth and understanding. Together, let's explore new horizons, appreciate different perspectives, and forge lasting connections through our shared love for the arts.

I welcome your ideas, suggestions, and participation as we work together to make this academic year a truly memorable one. Together, we'll create moments that leave a lasting impact and forge cherished memories.

MOHAMMAD RAZA

SPORTS CAPTAIN

"Leading the Way: A Glimpse into My Role as Sports Captain"

As the Sports Captain of Pavna International School, I am honored and excited to embrace the responsibilities that come with this prestigious role. It's a position that not only represents my love for sports but also the chance to inspire and unite our school's athletes. One of my key roles is to foster teamwork and sportsmanship among our peers. Sports teach us invaluable life lessons, and I believe in leading by example. Whether it's on the field or off, I aim to demonstrate the importance of fair play, dedication, and respect for opponents. Moreover, I'm dedicated to organizing and promoting various sporting events within our school. From inter-house competitions to annual sports days, these events create a sense of belonging and healthy competition among our students. In my tenure as Sports Captain, I aspire to encourage more students to actively participate in sports, discover their passions, and work towards their athletic goals. Together, we can achieve greatness on and off the field, fostering a school culture that celebrates the power of sports to shape our characters and unite us as a community. Let's make this year a memorable one, where we excel not only in our studies but also in the world of sports. Together, we can achieve greatness and uphold the spirit of sportsmanship that our school stands for.





CHARU VARSHNEY

MUSIC TEACHER

It is with great pleasure that I write my contribution to this newsletter on 'A Key of Creation' which is Music here.

As a music teacher, I feel happy to explore my specialization with children. In PIS, practicing music promotes the values of teamwork, self-discipline, creativity, and communication skills that allows the overall development of the kids. Music is a way of making friends as it comes without any restrictions and limitations. Therefore, IGCSE is required to regularly incorporate music into their curriculum.

In PIS, Music is an effective way to help learners stay focused on what's being taught in music lessons. Learners will be more engaged and involved in the classroom activities, as well as enthusiastic about their education because it improves concentration and is a great tool for memorizing through chanting and warm-ups.

If learners choose music as an extracurricular activity, they will be able to form bonds with other youngsters who share their enthusiasm. This collaborative effort promotes a sense of safe acceptance, which is essential for their self-esteem. Music helps students to develop motor skills through percussion instruments and identify their hidden musical talents which they can further pursue as a career as well. Thus, the incorporation of music education must be considered in the curriculum for the better development of the students.

Technology improves connectivity and the learning process. 'Garage Band' which is a digital audio workstation (DAW) and music sequencer that can record and play back multiple tracks of audio while encouraging children to make musical choices and express their musical creativity through the AU (audio unit) standard. It allows the user to enhance the audio track with various effects like creating musical projects from scratch, recording and correcting vocals & other instruments, sampling, editing and transposing music (whether in MIDI or Audio form), implementing a database of royalty-free loops.

Music has a significant impact on the lives of learners, society and has the power to bring thousands of people together!

Bits & Bytes

Step into the world of knowledge and inspiration with our dedicated teachers. In this column, our educators share their expertise on a wide array of subjects, offering fresh perspectives and valuable insights.

Join us in this journey of enlightenment!



SHABANA HALEEM

GLOBAL PERSPECTIVE TEACHER

PURPOSEFUL COMMUNICATION

Being able to communicate effectively is one of the most important life skills to learn. Communication itself is defined as transferring information to produce greater understanding. Succeeding in your career requires good communication skills. You need to know what you want and how you are going to attain it. Being an excellent communicator can help propel your career.

In our daily life, communication helps us build relationships by allowing us to share our experiences, and needs, and helps us connect to others. It's the essence of life, allowing us to express feelings, pass on information and share thoughts. We all need to communicate.

Imagine what life would be like without communication. You have a brilliant idea but don't have the power to pass it on, you have a strong desire for something, but cannot express it. Life would certainly be monotonous.

Communication skills are very important for developing human relationships and managing human resources in today's world

In your personal life, effective communication skills can smooth your way in your relationships with others by helping you to understand others, and to be understood.

In the words of Robert Frost, "Half the world is composed of people who have something to say and can't, and the other half who have nothing to say, and keep on saying it."



POORNIMA MISHRA

LIBRARIAN

Libraries: Anchors of Knowledge in a Digital Age

In a world constantly abuzz with technological leaps and environmental challenges, there's an unyielding optimism driving this initiative. It's rooted in the belief that amidst the whirlwind of progress, the cherished realm of physical books will forever stand as a beacon of knowledge. Here, we delve into the heart of why libraries remain steadfast in the face of a rapidly evolving digital landscape. While Google can yield a multitude of answers, a librarian possesses the skill to bring forth the precise one needed. In today's digital age, online searches have gained popularity, but they are gradually overshadowing the traditional method found in libraries.

The internet offers a wealth of information accessible virtually from anywhere, transforming how libraries are utilized. Many patrons now opt for online access to library materials over physical visits. Nevertheless, in tough times, libraries play an even more vital role, providing what books offer better than any other medium—printing leaves a lasting imprint on our minds.

Regardless of the medium used to store book content, librarians maintain the belief that people will still seek their expertise in navigating information, gaining public internet access, or simply relishing a comfortable reading environment. Their role remains pivotal in championing the enduring value of traditional paper books.

"SUSTAINABLE LIVING"

MAKE THIS EARTH, OUR HOME



SCAN & WATCH

Our "LIVING STANDARDS" mark a huge impact on nature. Let's take a step for "A BIG CHANGE"







POONAM GAUR

ICT TEACHER

Beyond Classroom: Unleashing Potential through Modern Learning

In modern learning, teachers use new techniques and technologies to engage and empower students, going beyond the traditional classroom. They use digital platforms, interactive tools, and personalised resources to cater to different learning styles. Collaborative projects, problem-based learning, and handson activities encourage critical thinking and creativity.

In this contemporary approach of learning, teachers act as guides, helping students explore and discover new things. They use technology to provide dynamic and interactive lessons, giving feedback in real-time and offering personalized help. This approach encourages students to take charge of their own learning and develop a lifelong love for knowledge.

Progressive education also values a global perspective, connecting students from different countries through virtual exchanges and collaborative projects. It prepares students for a rapidly changing world where adaptability and digital skills are very important.

By combining technology, creativity, and a focus on the student, modern learning equips students with the skills and mindset they need to succeed in the 21st century. It helps them become independent thinkers, problem solvers, and lifelong learners who can make a positive impact on society.

Nurturing Students' Well-being

In today's fast-paced world, students' wellness has become more crucial than ever. The weight of academic expectations, coupled with the complex landscape of social dynamics, often lead students to inadvertently neglect their own well-being.

Nourishing the body with balanced meals fuels energy and supports cognitive functions crucial for learning. In addition to balanced nutrition, regular physical activity plays a pivotal role in bolstering student wellness. Engaging in activities that get the heart rate up not only promotes physical health but also has a profound impact on mental wellbeing. Exercise triggers the release of endorphins, often referred to as "feel-good" hormones, which contribute to an overall sense of positivity and help in managing stress levels. Furthermore, it fosters a heightened state of alertness and concentration, enabling students to absorb and retain information more effectively. By incorporating physical activity into their routines, students not only invest in their present well-being but also lay the foundation for a healthier future.

Children must recognize themselves as future leaders and prioritize their own wellbeing. A sustainable wellness routine equips them with the clarity and energy needed to navigate life's challenges. By fostering holistic well-being, we empower students to thrive academically and personally, creating a brighter, healthier future for all children.





POONAM CHATURVEDI

HRT - STAGE 3

Fostering Love For Books

In primary classrooms, nurturing a love of reading begins with a practice where students choose books from their classroom libraries to bring home—every week.

Each classroom has its own library filled with thousands of chapter and picture books for students to choose from, both fiction and nonfiction. Teachers pair students at similar reading levels to browse the collection together and help hold each other accountable, then give them a time slot during the school day to select anywhere from four to ten books. The classroom libraries are continually updated based on student interest, and books are often connected to what they are learning in class. And the best part? Students get to bring their books home each week, in a special book baggie designed to track and protect the books, which encourages a love of reading, allows them to share their interests with their families, and strengthens reading skills not only at school but also at home.

Reading to your child is so important, especially if your child has a speech or language disorder. Reading aloud to your child will activate their imagination, expand their understanding of the world around them and help them develop their expressive (talking) and receptive (listening / understanding) language skills. Your child's brain is developing each and every day from birth, so start reading to your children daily, right away.

Reader's Blog



UNNATI RANA

M/o RUDRAKSH - EY1

From innovative teaching methods to inclusive extracurricular activities, Pavna International School has truly created a nurturing environment for our students to thrive.

I commend the school for the insightful and informative newsletters. It provides a valuable window into our children's learning experiences. It's wonderful to stay connected and involved.

As a mother of a child studying in Early Years, it becomes tough to stay in touch with everything happening in school. That's when the newsletters come in—they acquaint me with everything that's going on, keeping me updated. It's also a treat to see the creative side of both the students and the teachers, which might otherwise remain hidden. I would love to see more of what students are doing in their daily routines.



ARUSHI BHALLA

M/o EKBIR - EY1





Creativity Galore...











































The Editorial Board

Student Editor

Vardan Agrawal Anika Varshney

Faculty Editors

Kawal Narang Dr. Garima Goswami Manisha Sharma Chitra Gupta Michael Yadav

Send articles at newsletter@pavnaintlschool.com